



Brumlovka

Brumlovka has the first 100% electric fleet of buses in Prague

The shuttle service between the Budějovická and Brumlovka metro stations on line C is 100% electric. A pair of SOR electric buses has been in operation since February 2016, and a third electric bus started running in September this year.

The reliable emission-free vehicles have covered over 300,000 kilometres in more than 7 years and have already covered enough distance to take them around the world eight times. These are the first free electric buses to have been put into full operation in Prague's public transport system. Passengers especially appreciate the quiet and smooth ride and the free Wi-Fi connection.



Brumlovka.

Filadelfie Building

“Bring and Buy” clothing jumble sale

When: Wednesday, November 1, from 9:00 a.m. to 7:00 p.m.

Where: shopping arcade in the Filadelfie Building
(Želetavská 1525/1, Prague 4)

You will mainly be able to sell and purchase women's and girls' fashion, accessories, shoes and jewellery. Anyone can take part in the jumble sale, either as a visitor/buyer or as a vendor.

Fitting booths with mirrors will be provided.

We look forward to seeing you.

Brumlovka.

Jumble sale.



Bring and Buy



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Passerinvest

Workshop.



The Bee at the Centre of the Action



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Passerinvest

Building B



Workshop: The Bee at the Centre of the Action

When: Thursday, November 2, from 6:00 p.m.

Where: Building B, Fleksi Space, Vyskočilova 1422/1a, Prague 4, 140 00

Want to learn more about the bee's senses? Wondering what frequencies bees buzz at and why these sounds have a calming effect? Why do bees dance? Why are pheromones so essential to the bee, how do bees find their way around and use the Earth's magnetic field to do so?

Want to find out more? Beekeepers from the Bees on Roofs team will provide you with the answers.

The number of places is limited so please register for the workshop by emailing: marika.duchonova@passerinvest.cz

Brumlovka.

Brumlovka Building



Dating for travel enthusiasts

When: Tuesday, November 7, from 6:00 and from 8:00 p.m.

Where: Coffee Perk, Brumlovka Building, Vyskočilova 1100/2, Prague 4

Do you like travelling and are you currently single? We invite you to a relaxed evening of conversation with people on the same wavelength. Speed dating for those who would like to meet an active partner or a friend.

The whole evening will be hosted by a presenter, so there'll be no time for nerves, stage fright or awkward moments of silence. Within an hour and a half, you will get to know all your counterparts and will be able to decide discreetly with whom to exchange contact information at the end of the evening.

Get lucky and sign up!

From 6 p.m.	women and men up to 50 years - CZ
From 8 p.m.	women and men up to 39 years - CZ

Brumlovka.

Dating.



Dating for travel enthusiasts



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Passerinvest

Travel Evening.



Travelling with children



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Filadelfie Building

Travelling with children

When: Wednesday, November 8, from 5:30 p.m.

Where: Sommellerie wine bar, shop arcade of the Filadelfie Building
(Želetavská 1525/1, Prague 4)

Speaker: Jana Wolfová

Many people believe that travelling the world ends the moment you have children. Jana Wolfová shows you that this does not have to be the case. With her husband and three children now, they have travelled through many countries around the world in a tent, in a van or even on foot.

They will show you how to travel with children to countries such as New Zealand, Reunion, Iceland, Indonesia, Slovenia or even the USA or Tanzania. Kids may change the way you travel and perhaps narrow down your choice of destinations, but they make these trips all the more adventurous and full of experiences.

Brumlovka.

Filadelfie Building



Dance Lessons at Brumlovka

When: Wednesday, November 15, from 7 p.m.

Where: shopping arcade in the Filadelfie Building
(Želetavská 1525/1, Prague 4)

Come and dance with us free of charge under the tutelage of Lenka Nora Návorková – many times the winner of the Czech Republic Latin American Dance Championship and participant in the StarDance television competition.

In November, we're in for a slow love rumba. Whether you're dancing solo or as a couple, we're sure we'll enjoy the rumba together and that you'll be enchanted not only by the beautiful, calm music, but also by the choreography we'll dance together.

We look forward to seeing you!

Brumlovka®

Dance
Lessons.



Dance Lessons
at Brumlovka



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Passerinvest

Be generous.



#GIVINGTUESDAY



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Passerinvest

Filadelfie Building

#GIVINGTUESDAY – Everyone can be generous

When: from 20 to 30 November 2023

Where: reception, Filadelfie Building, Želetavská 1525/1, Prague 4

Everyone has something to offer. And all it takes is something small. You can donate your time, expertise, money, in-kind donations large and small, food, clothing or just to make someone happy. Here at Brumlovka we've decided to organise a collection of clothes, which we'll be donating to the Sue Ryder non-profit organisation, which is located near Brumlovka and with which we've been working closely for a long time now. These selected clothes will then be sold in their charity shops.

Join us in the #GIVINGTUESDAY challenge and be generous with us.

For more information, email us at:

marika.duchonova@passerinvest.cz

Brumlovka.

Building B



Dental hygiene: myths and facts

When: Wednesday, November 22, from 6:00 p.m.

Where: Building B, Fleksi Space, Vyskočilova 1422/1a, Prague 4, 140 00

Want to have a healthy and beautiful smile, but the information you get from the media and health-care professionals is often unclear and doesn't work for you in your home oral hygiene routine? Wondering how not only you but also your children should brush your teeth properly, what toothpastes and mouthwashes to use and whether it really is true that the more expensive the better? Never been to a dental hygiene clinic before and would like to know what to expect?

Come and see how easy it can be to take care of your teeth!

The workshop is led by **Monika Okluská**, who has been working as a dental hygienist for 9 years.

Monika loves nature, sports and cooking, and believes that everyone can have a healthy smile. Come and see for yourself!

Brumlovka®

Workshop.



Dental hygiene



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Event.



Lighting of the Christmas Tree



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Brumlovka Square

Lighting of the Christmas Tree

When: Thursday, November 23, from 11:00 a.m. to 7:00 p.m.

Where: Brumlovka Square, Vyskočilova 1100/2

As Advent approaches, we'd like to warmly invite you to the lighting up of the Christmas tree on Brumlovka Square. Come along and sing carols with us and get yourself in the Advent mood. The cultural programme will be supplemented by Christmas and refreshment stands, where you will be able to purchase mulled wine, grog, hot apple juice, soup, strudel, drop scones and Christmas sweets.

- **11:00 a.m.–7:00 p.m.** Stalls with Christmas themes
- **5:00–5:10 p.m.** Lighting up the Christmas tree
- **5:10–5:30 p.m.** Rolnička children's choir
- **5:30–5:40 p.m.** Carol singing together
- **6:00–6:20 p.m.** Rolnička children's choir
- **6:20–6:30 p.m.** Carol singing together
- **4:00–7:00 p.m.** Children's creative workshops

Brumlovka.

Filadelfie Building



Advent wreath workshop

When: Tuesday, November 28, from 5:30 to 8:00 p.m.

Where: Sommellerie, shopping arcade in the Filadelfie Building
(Želetavská 1525/1, Prague 4)

Price: CZK 1,150 / person **Capacity:** 6–13 people

Come and enjoy the atmosphere in the run-up to Christmas while making an Advent wreath. We'll help you make your own wreath and give you advice and tips on how to decorate it. The price of the workshop includes ready-to-use green fir bases, candles, decorations, floral material and the loan of the tools you need. You take the advent wreath you create home with you. The course is also suitable for beginners. Payment for the workshop on the spot in cash.

Reservations by email: marika.duchonova@passerinvest.cz

Květiny Romantika offers courses for individuals and groups as a part of company teambuilding events. Over the course of the year in accordance with the current season we offer, in addition to flower binding, workshops focused on the production of wreaths, Christmas and Easter decorations, flower boxes and flower jewellery.

Brumlovka.

Workshop.



Advent wreath workshop



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Talkshow.



Ivana Krýžová



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Brumlovka



Brumlovka Talks

When: Wednesday, November 29, from 6 p.m.

Where: première online on the [Brumlovka FB profile](#)

Every month, we invite people, who we feel have something to say and whose professional or personal life is somehow associated with Brumlovka. We want to seek out inspiration and advice for you, but also to present life's victories and defeats.

Different person, different topic, each time on Brumlovka.

This month: [Ivana Krýžová](#)

For five years now she has been working as a fundraiser at the Sue Ryder non-profit organisation, located near Brumlovka in Michle. In 2008 she graduated from the University of Economics in Prague. During her studies she worked at RUNCZECH, where she was in charge of marketing reporting. After a year of experience at the Czech Statistical Office, she returned to reporting, this time to the purchasing department at T-Mobile Czech Republic, where she was part of its international team. After two maternity leaves, she began to focus on searching for her dream profession and found it.

After completing a long-term Professional Fundraiser course and with personal experience of caring for her grandmother, she settled at Sue Ryder.

The interview will be conducted by [Eduard Forejt](#).

Brumlovka.

Building G



Workshop: Meditation in yoga

When: Wednesday, November 29, from 5:00 p.m.

Where: Building G (Michelská 1552/58, Praha 4)

Price: CZK 150 / person **Capacity:** The number of places is limited

This light, flowing yoga class will focus on emotional and mental relaxation and savouring the present moment. This will improve the regeneration of the whole body through simple postures and gentle movements. What you need to bring along: Yoga mat, comfortable clothes, blanket.

Instructor: Andrea Kopačková

Reservations by e-mail: marika.duchonova@passerinvest.cz

Brumlovka

Workshop.



Meditation in yoga



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Exhibition.



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Alpha Building

Martin Němec: Night Bath

When: From 30 October to 24 November 2023

Where: Alpha Building, Vyskočilova 1461/2a

Martin Němec graduated from the Academy of Fine Arts in the studio of Professor Jan Smetana (Group 42). He has been continuously engaged in painting and music all his life. His artwork is very diverse and specific but could probably be described as surrealistic. His paintings are mostly figurative and show the artist's interest in existential issues.

The current exhibition is a kind of cross-section of Němec's rich oeuvre. It presents both his paintings influenced by traditional Christian motifs and, for example, a series of erotically playful works on paper from the last two years.

The leitmotif of the exhibition is his image Night Bath, symbolising the confrontation of human existence in the context of the eternity of the universe - finitude and infinity.

Brumlovka®

Filadelfie Building

New FLEKSI in the Filadelfie Building

The iconic Filadelfie Building is now home to the third FLEKSI space, combining a modern serviced office with coworking and an event space. It offers state-of-the-art audiovisual technology for your presentations, FLEKSI all-in-one applications for efficient work, and much more.

For whom are the premises in FLEKSI Filadelfie suitable?

- If you don't want the hassle of setting up and running an office
- You don't have enough meeting rooms
- You're looking for a space to hold an event or conference
- You need an office for just a month or a limited time

Are you interested in a tour or do you need to arrange a full service event?

The FLEKSI team is at your disposal.

+420 720 730 000 | info@fleksi.cz





Filadelfie Building

November events at Meera Design

fashion show, Night Shopping and Women's Day

Do you also believe in female solidarity? At Meera Design, we definitely do! That's why the boutique in the Filadelfie Building hosts regular meetings called Women's Day, aka "Babinec", where women share their experiences not only with fashion, but also a healthy lifestyle, exercise and mental well-being. The next "Babinec" will take place on Wednesday, 8 November.

Another interesting event is the fashion show featuring items from the autumn and winter collection. That will take place on Wednesday, 15 November. And if you're interested in any of the items, either live or **online via the e-shop**, be sure to take advantage of the Night Shopping event, when you can visit the boutique until 10:00 p.m.

- **Women's Day** – Wednesday, November 8, from 3:00 to 7:00 p.m.
- **Fashion Show** – Wednesday, November 15, from 5:30 p.m.
- **Night Shopping** – Wednesday, November 29, until 10:00 p.m.

All these events are free of charge.

Brumlovka Building

Hardening with Balance Club Brumlovka

The hardening season is starting again, so Balance Club Brumlovka has again prepared regular hardening lessons for its members in the cooling pool on the club terrace. Warming up, breathing and immersion in ice water is supervised by experienced personal trainer Radim Báča, an expert in the Wim Hof method.

This way, members can make hardening a regular part of their routine and come to class every Monday at 7:00 a.m. and every Thursday at 5:00 p.m. As capacity is limited, members are required to book for sessions in advance.

And the immunity boost can begin!

balance
club
BRUMLOVKA





Building B

Bikero: 10% discount on all products

and 30% discount on servicing your bike

Brumlovka is constantly teeming with cyclists. Are you one of them? It doesn't matter whether you use your bike for commuting to work, weekend trips or if you're a keen cyclist who spends most of your time on the bike.

Bikero wants to support cyclists around the clock, so they offer a **10% discount on all products**, including already discounted products, and a **30% discount on servicing your bike**. Choose from a wide range of products from Castelli, Mondraker, Endura, Silvini, Focus or CTM. At the shop, just show your company email, which proves that you are employed at Brumlovka.



bikero

Filadelfie Building

Sommellerie: St. Martin's Day wines

This year you can once again look forward to the increasingly popular St. Martin's Day and the first young wines at SOMMELLERIE.

This year promises truly interesting St. Martin's Day wines. We'll know exactly what they're like and how many there are after the evaluation, but given the good season, we can already expect them to be lighter and with a lower alcohol content. The reds will be soft, velvety and very drinkable thanks to the warm August. The white and rosé wines will then be less acidic than last year and will be complemented by a light fruitiness.

As the 11th of November falls on a Saturday, SOMMELLERIE will be launching the sale of these wines at 11 a.m. on Thursday 9 November, and there will of course be the traditional goose tasting.





Filadelfie Building

Tlap's Coffee: delicious coffee in an espresso bar and in the comfort of your home

Tlap's Coffee offers a wide range of coffee from various, mostly Czech roasters, which is constantly changing. You can get yourself an espresso, some filter coffee, or capsules compatible with Nespresso machines. At the same time, you can buy accessories for making coffee at home, either for yourself or as a gift for your loved ones.

The trained staff at Tlap's Coffee will be happy to advise you on your choice.

Tlap's 
Coffee

Filadelfie and Alpha Buildings

Autumn news at PuzzleSalads

Autumn is here and with it PuzzleSalads has a new seasonal range. Try their surprisingly good original combinations of flavours and quality ingredients. You might find a new favourite salad awaiting you.

Morocco Beef Bowl – oriental couscous, arugula, shredded beef, spicy beans with tomatoes, roasted Morocco vegetables, dried dates, almonds, pomegranate

Harvest Bowl – mixed salad, arugula, cooked spelt, chicken, pumpkin, gooseberry chutney, apple, grapes, walnuts, sumah spices

SADL
ADS
puzzlesalads

Always different. Always fresh.



**Morocco Beef
Bowl**
199 Kč



Harvest Bowl
199 Kč

+ limonáda
za zvýhodněnou cenu

Brumlovka Building

Advent calendars at Mandala Montessori

Whether the Advent calendar shortens children's wait for Christmas right from the first of December or whether they're brought one by St. Nicholas, the Mandala Montessori creative toy shop has prepared a special promotional offer for Collecta calendars. With them, not only can you expand your collection, but you can also put animals into a diorama using cut-out pictures. You'll suddenly find yourself in the realm of the dinosaurs or on a farm.

Animation lovers are sure to love the cards they come with, which make the animals move through the app!

The number of Advent calendars is limited, so don't wait around too long and stop by the shop or order one **from the e-shop**.



Filadelfie Building

Body Express: Getting in better shape (not only) for golfers

Are you a golfer and need a strong mid-body, develop symmetrical strength and stability, or simply improve your game? In the Filadelfie Building you have the opportunity to get ready for the new season. Thanks to Miha Bodytec's cooperation with the American PGA golf and fitness association, we offer a special programme for golfers.

You only need 20 minutes of your time once a week. By activating all your muscle fibre types and involving as much as 95 % of your muscles, you can eliminate muscle atrophy and imbalance and ease back pain. The offer is limited until the end of November. Of course, non-golfers who'd still like to get fit are welcome to come along.

For more information about the event and to book a date, visit www.bodyexpress.cz/golf

Monday – Friday 8:00 a.m.-8:00 p.m.

Saturday 9:00 a.m.-2:00 p.m.

BODY  **EXPRESS**

PRO GOLF

Zvýšení výkonu na hřišti

Odstranění bolestí zad





Building B

New collection at Anthony's

Anthony's has prepared a new autumn collection with something for everyone. You can look forward to a wide range of motifs and colours. The new collection includes wool coats, warm merino sweaters, new shirt designs, flannel suits, leisure jackets, and of course silk ties and pocket squares, as well as a wide range of Anthony's formal shoes made in Portugal.

So don't wait around and visit Anthony's store so you don't miss out on any of their new lines.

ANTHONY'S
/ LONDON

Brumlovka Building

Corporate catering from Coffee Perk

Coffee Perk is not just about coffee. In cooperation with Belcredi Bistro & Bar, they will also prepare catering for your company. Meeting? Guests from abroad? Project presentation? Or just an event with colleagues? After work fun?

No problem, Coffee Perk will cater every event for you for.





Building B

Alcon Training Centre open

Brumlovka has a new addition to its family of innovative projects for professionals. Alcon, a global leader in eye care, has opened its new centre for training professional ophthalmologists. The Alcon Training Centre is the first of its kind in the Czech Republic and aims to offer further training in the field of eye surgery.

The Alcon Training Centre is equipped with state-of-the-art facilities and technologies that allow it to provide ophthalmic surgery training in line with current trends.

Alcon

Building A

Visit Perfect Canteen for your St. Martin's goose

The St. Martin's Day feast is supposed to symbolise the end of autumn and the arrival of winter and Christmas. Roast St. Martin's goose is an integral part of the feast. You can tuck into one at Perfect Canteen during the week of 6-10 November.

You can enjoy goose leg, stewed aniseed cabbage, potato pancakes with crackling, Karlovy Vary dumplings and beer sauce.





Brumlovka Building

Lens Optik: Protect your eyesight from blue-violet radiation

Do you spend lots of hours on your computer, tablet or phone? Worried about whether your eyes are well enough protected? The solution is BLUE UV CAPTURE lenses, which protect against blue-violet radiation by absorbing harmful radiation through the lens material. In addition, they help reduce eye fatigue, dry eyes or irritation.

Visit Lens Optik and choose from their wide range on offer, get your eyesight checked and make the most of their **10% DISCOUNT**.

Option of payment using employee benefits.

