

## Happy New Year from Passerinvest

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### Passerinvest

"Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid."

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John 14:27 (Bible)

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#### Brumlovka

# Launch of the shuttle service

Changes are always made to the shuttle bus schedule during the end-ofyear holiday period. Lines BB1 and BB2 are now back in service and in full operation according to the timetable.

### Brumlovka.

### Invitation to a meeting to discuss the Bible's Book of Daniel

### How do the ancient prophecies speak of our time?

When: from Monday 8 January 2024, every Monday from 5:30 pm. Where: Building B, FLEKSI, Vyskočilova 1422/1a Speaker: Radim Passer

Do you ever think about what lies ahead and where we as humanity are headed? If so, pay attention. Part of the Bible, which Christians believe is God's letter to the world, is the Book of Daniel. Although it is not very long, it is full of visions concerning history, our time and the future. The stories and prophecies of the Book of Daniel were written approximately 2,500 years ago in the days of the ancient Babylonian Empire and are definitely worth exploring. Over sixteen sessions we will be exploring the fascinating stories and prophecies of the Book of Daniel, and we will also be studying one of the Bible's most famous prophecies concerning the future of Europe.

To ensure the space has suitable capacity, we would be grateful if you could confirm your participation by 3 January 2024 by emailing info@passerinvest.cz.

### Brumlovka.

### Meetings.



# How do the ancient prophecies speak of our time?

Please use the "Instant translation" function in your Translate App to read this poster in other suitable language. English version of all Brumlovka activities are to be found also at brumlovka.cz.

### Travel Evening.



Filadelfie Building

### **Travel Evening: Hitchhiking to Indonesia**

 When: Wednesday 10 January 2024 from 5:30 p.m.
Where: Sommellerie wine bar, Filadelfie Building shopping arcade, Želetavská 1525/1
Speaker: Antonín Voldřich

"Just me, a backpack and my thumb out." What happens when you dream of hitchhiking indefinitely, quit your job, and set out into the cold winter night full of fear and anticipation? All with one goal – to head ever further east. From Europe to Turkey and then across Iran, Pakistan and India to Southeast Asia.

The story of the more than eight-month adventure that changed Antonín's life.

### Hitchhiking to Indonesia

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# Dating for university graduates

When: Thursday 18 January 2024, from 6:00 and 8:00 p.m. Where: Coffee Perk, Brumlovka Building, Vyskočilova 1100/2

Is your partner's education important to you? We've prepared a relaxed evening of conversation where you can get to know new people and maybe even meet someone and fall in love. The evening is open to all university graduates.

Come and have a nice chat and get to know those who are looking for a serious dating partner. Get lucky and sign up!

From 6:00 p.m.	women and men under 42 – CZ
From 8:00 p.m.	women and men under 35 – CZ

Brumlovka.



# Dating for university graduates



Dating.

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SEZNAMKA ŽWA<u>KOVI</u>

### Dance lessons.



#### Filadelfie Building

## Dance lessons at Brumlovka

When: Wednesday 24 January 2024 from 7:00 p.m. Where: Filadelfie Building shopping arcade, Želetavská 1525/1

**Come and dance with us for free under the tutelage of Lenka Nora Návorková** – many times Champion of the Czech Republic in Latin American dance and winner of the StarDance television competition.

Jive is the fastest of the Latin American dances and in January we'll have the opportunity to dance it together. It's a mixture of several dance and music styles, such as rock ,n' roll, boogie woogie, the twist and many more. Come and dance to the rhythm of the jive. We're sure you'll enjoy the class, whether you come on your own or as a couple.

We look forward to seeing you.

### Dance lessons at Brumlovka

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## Paint your own picture for your apartment

When: Thursday 25 January 2024 from 5:30 p.m. Where: FLEKSI, Building B, Vyskočilova 1422/1a

Think that painting isn't for everyone? That you've got to have talent? You've never been good at it? Sonia Hrabec Kotulková, a qualified drawing and painting instructor, will convince you otherwise! Learn to work with colours, mix the most beautiful shades, play with painting and art techniques and create your own painting that you'll want to look at and enjoy.

All art supplies are included in the price of the workshop. When you're done, you'll take away your own A2 size picture on paper. We recommend coming in older clothes as you might get dirty from the paint. For adults.

Workshop price: CZK 590/person/payment only in cash at the event Lasts for approx.: 2-2.5 hours. Register for the workshop: marika.duchonova@passerinvest.cz

### Brumlovka.

### Event.



# Paint your own picture for your apartment



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### Talkshow.



### Lenka Nora Návorková

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### Passerinvest

#### Brumlovka

### **Talks from Brumlovka**

When: Wednesday 31 January from 6:00 p.m. Where: première online on the **Brumlovka FB profile** 

Every month, we invite people, who we feel have something to say and whose professional or personal life is somehow associated with Brumlovka. We want to seek out inspiration and advice for you, but also to present life's victories and defeats.

#### Different person, different topic, each time on Brumlovka. This month: Lenka Nora Návorková

Lenka is a professional dancer, instructor and choreographer. She has had a dancing career spanning more than twenty-five years, achieving great success both at home and abroad. She has loved dancing since she was three years old, when she got her first taste not only of ballroom dance but also of ballet. Her love of ballroom dancing continues to this day. She has won the Czech Championship in Latin American dance four times, topped the Czech rankings and won in other competitions in the Czech Republic and abroad. She has represented the Czech Republic several times at the World and European Championships.

She has participated in the TV competition "StarDance... When the Stars Dance" three times, winning alongside actor Jiří Dvořák in 2018. In 2021 you might have seen her dancing with singer Mirai Navrátil, and in 2023 with actor Marek Adamczyk.

### Brumlovka.

## Workshop: How to look after your bike/e-bike?

When: Thursday 1 February 2024 from 7:00 p.m. Where: Bikero shop, Building B, Vyskočilova 1422/1a

Want to learn how to take care of your bike/e-bike? How to keep your bike in shape? How to care for the battery and extend its life? What are the new trends and how to wash your bike/e-bike properly. You'll find out this, and much more, at this year's first workshop at Bikero. Refreshments and a small gift will be provided. The number of places is limited.

#### Workshop programme:

- Bike/e-bike maintenance and care
- What, how and what to use to clean your bike, checking the chain, etc.
- How to properly charge, maintain and store the battery
- Practical demonstrations
- New trends

Admission: CZK 189/person/payment at the event Registration: marika.duchonova@passerinvest.cz

### Brumlovka.

### Workshop.



# How to look after your bike/e-bike?



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bikero



Beta Building

### Regular runs with Puma at Brumlovka

When: every Tuesday (from 9 January), from 5:30 to 6:30 p.m. Where: 5:20 p.m. at the Beta Building reception

Are you tempted by running but don't know how to get started, or do you start running all the time and never stick with it? Come for a free run with us, led by Running2 running motivators and bloggers Soňa Hrabec Kotulková and Michal Hrabec. They'll convince you that running is a really beautiful sport that anyone can do and will advise you how to run so that you enjoy it. The running group is divided into slower and faster runners.

Come and meet new friends and have a great time running!

### **Regular runs**

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# Yoga for everyone

When: every Thursday from 11 June, from 07:00 to 08:00 a.m. Where: FLEKSI, Building B, Vyskočilova 1422/1a

Come and join us at a free yoga session under the guidance of enthusiastic yoga instructor Natálie Löwová.

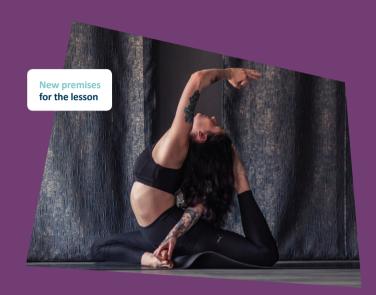
Who is it for? For beginners and advanced practitioners of all ages. What I need to bring along? Your own mat, water and a good mood. What can you look forward to? Breathing exercises, gentle and more challenging postures and meditation. Advance reservations are not required.

Get more information by writing an email to: marika.duchonova@passerinvest.cz.

We look forward to seeing you!

### Sport.





### Yoga for everyone

Brumlovka.



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Brumlovka

# The light within us

### Reflection of the Brumlovka Chaplain

As we stand on the threshold of a new year, it is time to reflect on the past: What light am I giving off and how does it affect those around me?

Imagine that each of us creates a unique light trail, much like the flashlight we shine every day on the road for ourselves and our loved ones. When you look back at the past year, are your footsteps leading you in the direction you wanted to go?

It's up to us how the light of our lives illuminates the world around us. While we're responsible for this light trail, we're not alone on this journey. Even after Christmas Eve, the lights of the Christmas tree still remind us that Jesus came as a light into the world, so that we wouldn't have to walk alone through the darkness of our worries.

And so I wish you the light of faith, which gives your lives the courage to take firm steps in uncertain times and thus to be a light of hope for others.

Patrik Nehyba



Building B and Beta

# Flexible spaces in FLEKSI

Agile rooms in FLEKSI Building B and FLEKSI Beta offer ideal conditions for collaboration, brainstorming, creative workshops or project meetings for up to 16 people. Using flexible elements and modular systems, the space can be transformed to best suit your current needs. Rooms can be hired out for as little as 1 hour.

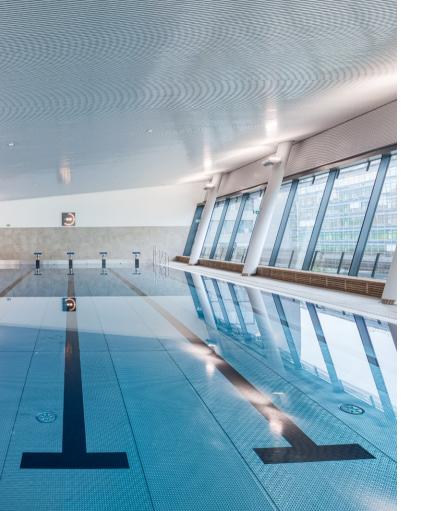
#### Equipment:

- Screen and projector
- Videoconferencing
- Mobile whiteboard
- Flexible furniture means the room can be customised to suit the client's requirements
- · Coffee, water and tea included in the hire price

Interested in more information or a tour? The FLEKSI team is at your disposal. +420 720 730 000 info@fleksi.cz







Brumlovka Building

### Balance Club Brumlovka: Don't let your resolutions come to an end in January

Balance Club Brumlovka offers comprehensive facilities and services to help you stick to your active lifestyle resolutions. You can use the fitness room kitted out with Technogym machines, group classes, a twenty-five-metre pool, a relaxation zone, a terrace with saunas and an outdoor hot tub, personal training, massages and body rituals.

Employees of companies at Brumlovka have preferential membership terms. For more information, call our Client Centre on **+420 234 749 810** or mail us at **info@balanceclub.cz** 

> baance cub BRUMLOVKA

Filadelfie Building

## **Cosmetic treatments at the Radka Chvalová Beauty Studio**

Our January news - the expansion of our services - also includes the Radka Chválová Beauty Studio. The studio has now expanded its services to include cosmetic care. **Cosmetic treatments** are specially customised to the skin's specific needs to ensure your skin stays in perfect condition.

The changes you want to see can be achieved using high quality products from the American brand Hydropeptide. Each customer has their own specific needs, which are addressed with a sensitive approach with an emphasis on client comfort.

Come and treat your skin to quality care and enjoy some relaxing time.

**Radka Chvalova** Beauty Studio





Filadelfie Building

# **BODY EXPRESS:** Suffering from lower back pain?

Are you sticking to your New Year's resolutions? At Body Express, you can start losing weight, toning up your muscles and soon getting fit. EMS exercises are also very effective in strengthening the body's core and help to ease back pain.

Electrical muscle stimulation uses weak impulses to activate the whole body. You only need to exercise once a week for twenty minutes and your body will get the training it needs to be strong, active, burn enough energy and activate your muscles.

Booking a trial lesson by calling 774 431 083

More information and online booking at **www.bodyexpress.cz/praha-brumlovka** via the booking form.

BODY EXPRESS

# Warm up in the winter... in a café or at home

The Zrno zrnko bakery café makes homemade mulled wine from Italian Merlot, a secret blend of spices and a special ingredient – a little cherry juice from the popular Žufánek distillery. So you can make winter more pleasant with a cup of mulled wine right there in the café.

Or buy wine to go and warm up at home.







Delta Building

### The Turnov Pub is welcoming the New Year with a new menu

The New Year is here and to mark it we've prepared a brand new menu for you at the Turnov Pub. In addition to the daily lunch menu, you can now enjoy some new Czech and international cuisine, a bite to eat with your beer and wine, and butcher's specialties they make themselves in Turnov.

And once you wash it all down with a delicious Turnov twelve, ten or eight-degree beer, you'll be in paradise.



#### Beta Building

### Marek Fichtner is the new ASKO Ambassador

ASKO, the Scandinavian premium home appliance brand, has a new ambassador, star chef Marek Fichtner. For VIP customers of this brand, Marek Fichtner has been organising experiential meetings taking perfection to a whole new level since 2021, when the brand entered our market. For ASKO, he has now shot a series with the appliances he uses for his work in the ASKO design showroom and at home.

This exceptionally talented professional has had a long and successful career in this country and abroad. He is currently the head chef at the prestigious restaurants Červený Jelen and Trezor Špork, and viewers are also familiar with Marek Fichtner as a judge of MasterChef Czech Republic or as a teacher at the Gourmet Academy. Marek Fichtner has also recently been awarded the title of Golden Chef and is now the president of the world's most prestigious competition Bocuse d'Or for the Czech Republic. Perhaps you'd like to meet Mark Fichtner at one of the experiential events hosted by the Scandinavian brand ASKO – just become a member of the ASKO family!







Filadelfie Building

## Simplify the entry into the new year with We Hate Ironing

Does life sometimes seem needlessly complicated? Simplify it with the services provided by We Hate Ironing. Leave your washing and ironing-related worries to their clever laundresses and dry cleaning professionals.

In addition to classic dry cleaning, they also offer washing, ironing and shoe cleaning. And they always try to go the extra mile. Our couriers will carry your laundry even up to the fifth floor with a smile,' says founder Jan Kmoch.



Filadelfie Building

## Always a bargain at dm

At dm, customers can shop conveniently and save money at the same time, and they don't have to search for short-term discount offers and buy products to stock up. At dm stores, in the My dm app and in the dm.cz online shop, they can always count on getting a good deal thanks to dm's **long-term prices**, which **are not increased for at least four months**. Customers especially appreciate the wide selection of products in all product categories, from beauty, through household and food, to children's and pet products. So they can discover **great dm products** that are always high quality and affordable.

Further benefits are offered by the My dm app, which allows customers to collect points for purchases even faster and then convert them into a discount on their next purchase.

# <sup>99</sup>Neustále porovnávat ceny? To si mohu ušetřit<sup>66</sup>





dm

🚈 Moje dm-app 🛒 dm.cz

ZDE JSEM ČLOVĚKEM ZDE NAKUPUJI

### Brumlovka mobile app.



#### Brumlovka

### You will always know where to go for lunch with the Brumlovka mobile app

Download the Brumlovka mobile app to keep all the daily menus of local restaurants, bistros and cafeterias close to hand. Do you fancy something lighter on Monday, something Asian on Tuesday and a Czech classic on Wednesday? Don't have time to sit down to eat on Thursday, but you'll make up for it on Friday? Take inspiration from the app and find the flavours you enjoy best.

The app is available for both iOS and Android operating systems.

### Brumlovka.

Alpha, Delta, Gamma Buildings

# Lunchbox turns into Goodlunch

2023 was a record year for Lunchbox. As a result, its catering concept has entered a new chapter and can now be found under the new brand Goodlunch. A concept that wants to deliver even more for all guests and customers. Brand new graphics to communicate and help get guests find their way around, themed events with surprises from the chefs every month, and a new website, **www.goodlunch.cz**, from which menus can be downloaded every week.

And of course there's much more. There's a lively atmosphere are Goodlunch every day, so come and try their January specials at the Alpha, Gamma, Delta buildings.



