

Brumlovka

# **Christmas gifts from Brumlovka**

In the last issue of this newsletter we gave you tips on where to buy Christmas gifts. Brumlovka offers plenty of opportunities to make your loved ones happy. Click HERE if you need a reminder of the recommended options. You can be sure that Brumlovka offers small gifts for colleagues, a creative world for children and something a little more expensive for your partners.

And they'll be available until the last minute.

Brumlovka.



## We'd like to introduce you to... Don't wait for a chance

Where: Coffee Perk, Brumlovka building, Vyskočilova 1100/2

Price: Brumlovka special price – CZK 440, enter "BRUMLOVKA" discount code

Date 1: Thursday, December 1, from 6:00 pm (Czech speaking ladies - 30 - 42 and gentlemen 35 – 45)

Date 2: Tuesday, December 13, from 6:00 pm (Czech speaking ladies - 40 - 50 and gentlemen 43 – 55)

The period before Christmas is made for long walks as a couple. Are you currently single? Speed dating at Brumlovka can be just the opportunity to meet someone interesting. We offer two dates in December! So don't wait for a chance and introduce yourself.

- 5:30 pm registration
- 6:00 pm the first date starts
- 8:00 pm end of the event

You can make a reservation at **smart-dating.cz**. Get more information by writing an email to: **marika.duchonova@passerinvest.cz** 

Brumlovka.

Dating.

smart.dating



We'd like to introduce you to.... Don't wait for a chance



Event.



## Angel gift-giving on Brumlovka Square

Brumlovka Square

# **Angel gift-giving on Brumlovka Square**

When: Monday, December 5, from 11:00 am to 7:00 pm Where: Brumlovka Square, Vyskočilova 1100/2

Good Saint Nicholas will be spreading joy at Brumlovka with his angels once again this year. Bring your children to the Angel Gift-giving event, keep warm with hot drinks, enjoy some good food and Christmas goodies.

- 1:00 pm 7:00 pm refreshment stands, KITSTORE stand
- 1:00 pm 6:30 pm St Nicholas and his angels
- 4:00 pm 6:00 pm Creative workshops at the Papýrek shop (Alpha building, a store under the "Beetle" sculpture)

Filadelfie building

# **Crepe poinsettia** workshop

When: Tuesday, December 6, from 6:00 pm Where: Filadelfie building, Želetavská 1525/1 Price: CZK 1200/person Capacity: 5-10 people

Join us in having fun making a poinsettia out of Italian flexible paper. We will provide all the required material, so all you need to bring along, and indeed won't get by without, is a bit of patience and a good mood.

You can make a reservation at marika.duchonova@passerinvest.cz

Payment for the workshop in cash on the site.

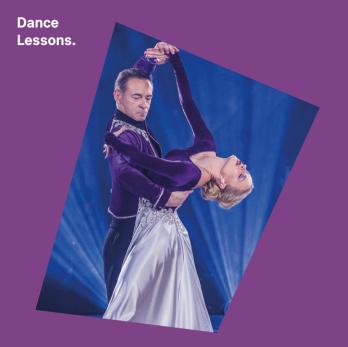


# Crepe poinsettia workshop



Please use the "Instant translation" function in your Translate App to read th poster in other suitable language. English version of all Brumlovka activities a to be found also at brumlovka.cc.





### **Dance Lessons** at Brumlovka

Filadelfie building

### **Dance Lessons** at Brumlovka

When: Wednesday, December 7, from 7:00 pm, dance floor from 8:00 pm Where: Sommellerie, Filadelfie building, Želetavská 1525/1

We will dance the Spanish PASO DOBLE together in December. This is a very lively dance that represents the corrida. We hope you will enjoy the class, whether you come solo or as a couple.

The dance teacher is Lenka Nora Návorková, champion of the Czech Republic several times in Latin American dance, winner of StarDance 2018, and the dance partner of Mirai Navrátil in the past season of this popular television competition.



# Traveler's evening: Patagonia - beyond the glaciers and mountains to the end of the world

When: Wednesday, December 14, from 5:30 pm Where: Sommellerie, Filadelfie building, Želetavská 1525/1

Stretching across the territories of Argentina and Chile, Patagonia offers some of the most dramatic natural scenery on earth. Travellers Viktória Čelovská and Tomáš Jurčenko will introduce us to this region of glaciers, mountains, desert pampas, turquoise lagoons, and diverse fauna. They will take us to a region bordered by the magical Andes to the northwest, buffeted by constant winds and where the weather can change from one minute to the next.

Come and join us on a virtual journey to this remote part of the world, full of untouched and beautifully wild nature.

Brumlovka.



Patagonia - beyond the glaciers and mountains to the end of the world



#### Concert.



M. A. Charpentier Preludium z oratoria Te Deum
G. F. Händel Let the Bright Seraphim
G. F. Händel Recitative a arie Ombra mai fu z opery Xerxes

**G. F. Händel** Recitative a arie Ombra mai fu z opery Xe **W. A. Mozart** Alelujah

A. Dvořák Biblické písně (výběr)
G. Ph. Telemann Tři hrdinské pochody

A. Dvořák árie Vodníka
A. Dvořák árie Rusalky
C. Franck Panis Angelicus
W. Gomez Ave Maria
F. Schubert Ave Maria

A. L. Weber Pie Iesu

**Bethany Community Center** 

### **Christmas concert**

When: Thursday, December 15, from 6:00 pm

Where: Bethany Community Center, Za Brumlovkou 1519/4

**Entry:** voluntary

Accept our invitation to an extraordinary Christmas concert at the Bethany Community Centre. Take a break from the everyday hustle and bustle, enjoy some world-famous melodies and brighten up the time before Christmas by listening to some great music.

The following well-known artists will perform during the concert:

Karolina Cingrošová (soprano), Vratislav Kříž (baritone), Vladimír Rejlek (trumpet), Lenka Navrátilová (piano)

## Czech

#### **Brumlovka Talks**

When: Wednesday, December 21, from 6:00 pm Where: online on Brumlovka FB profile

Brumlovka Talks is our talk show, where we invite personalities, whom we feel have something to say and whose work or personal life is somehow associated with Brumlovka

#### This month: MD Martin Lukeš and MD Tomáš Novotný

You may know MD Martin Lukeš and MD Tomáš Novotný from the Urosanté clinic. they are leading experts in the field of urology and andrology. They take a novel approach to men's health, which we will also be discussing. The fact that they are highly qualified is evidenced by their expertise and experience. MD Martin Lukeš has practised at the urology clinic of the 1st and 3rd Faculty of Medicine at Charles University and he was a senior physician and assistant professor at the Královské Vinohrady University Hospital for over 15 years. He is a member of the Czech Urological Society, the Czech Medical Society of Jan Evangelista Purkyně and the European Association of Urology.

MD Tomáš Novotný has many years of experience working at clinics in Jindřichův Hradec and at the Královské Vinohrady University Hospital for example. He also taught at the 3rd Faculty of Medicine at Charles University for several years. He specializes in uro-oncology and also works closely with Proton Centre Prague.

The talk show is hosted by Eduard Forejt.



#### Talkshow.



#### **Brumlovka Talks**

MD Martin Lukeš and MD Tomáš Novotný



Brumlovka

#### **Regular Sports Activities**

Regular sports activity helps to improve not only your health, but also your mood. Come and indulge in a dose of the hormone of happiness during the period before Christmas between all those Christmas parties, gift hunting and biscuit baking. However, we'll take a short break so that we can recharge our batteries for more than just sports in the new year.

#### **Running Lessons with Puma**

When: every Tuesday from 5:30 pm

Where: meeting at 5:20 pm at Beta building reception, Vyskočilova 1481/4

Running lessons are led in two groups for beginners and experienced runners by instructors and bloggers from running2.cz Soňa Hrabec Kotulová and Michal Hrabec.

Last running lesson of the 2022: December 6, the first of 2023: January 10.

#### Yoga for the Public

When: every Thursday from 7:00 am

Where: retail unit in the Budova G building, Michelská 58,

entrance from the Baarova Street

A classic yoga lesson for beginners and advanced students of all ages with Daniela Bacíková. Own exercise mat required.

Last running lesson of the 2022: December 15, the first of 2023: January 12.



## Advent Evening of Praise

When: Saturday, December 3, from 6:30 pm

Where: Bethany Community Center, Za Brumlovkou 1519/4

At the beginning of the most beautiful holidays of the year and the start of the Advent season, the Bethany Community Centre cordially invites you to an Advent Evening of Praise on Saturday evening, December 3, from 6:30 pm.

Not only will you meet the DŽEMBAND band in the tones of songs praising God, but you will also have the opportunity to sing together, be inspired by the biblical text and be uplifted by the spiritual word. Come and experience an inspiring evening of silence, joy and human togetherness.

More information at spolecenskecentrum.cz

**†** Bethany

3.12.22 - 18:30

SPOLEČENSKÉ CENTRUM BETHANY



## Adventní večer chval

CHVÁLU VZDÁVÁM HOSPODINU CELÝM ♥
(ŽALM 111,1)

PŘIJĎTE S NÁMI OSLAVIT HOSPODINA PÍSNĚMI, SDÍLENÍM, MODLITBOU

CHVÁLAMI PROVÁZÍ: HUDEBNÍ SKUPINA DŽEMBAND INSPIRATIVNÍ SLOVO: SOŇA SÍLOVÁ, VAŠEK VONDRÁŠEK

vstup volný



Bethany Community Center



# Midnight service at Bethany CC

When: Saturday, December 24, from 10:30 pm

Where: Bethany Community Center, Za Brumlovkou 1519/4

Just like every year, the Bethany Community Centre invites you to the Midnight Service on Christmas Eve. There will be an opportunity to enjoy singing Christmas carols, gain inspiration from the spiritual word, and end the most beautiful evening of the year together.

The present times bring us all much darkness and gloomy prospects, so let us join together in drawing closer to the Light with a capital "L".

More information at spolecenskecentrum.cz



## Balance Club Brumlovka Giving Tuesday

Help where it's needed. Join the Balance Club Brumlovka challenge

Giving Tuesday is a global day of generosity and good deeds. It is celebrated as a counterpoint to the Black Friday shopping frenzy. On this day, hundreds of millions of people across all continents will join together to inspire generosity and do good. Do something good together with Balance Club Brumlovka, not just on Giving Tuesday. Support Vláďa Mikuláš, a man who spent his whole life giving advice, enthusiasm, and support. His yoga classes were some of the most popular group classes. The Balance Club is striving to support a wonderful lecturer, person and, last but not least, a father of two beautiful children, who is suffering from ALS - amyotrophic lateral sclerosis. You can also help by donating to the collection held **under the auspices of the ADRA Foundation** until December 24, 2022.









Beta building

# FLEKSI Beta is already giving you space to

... work... meet... connect

The second branch of the FLEKSI business centre opened in the Beta building in November 2022. In addition to fully serviced office and co-working spaces, it also offers designer meeting rooms and smaller event spaces that can be rented by anyone.

During January 2023, an additional floor will be added to this branch, which will primarily house meeting rooms and event spaces.

#### **FLEKSI Beta**

Vyskočilova 1481/4, 140 00 Praha 4

Tel.: 720 730 000



Beta building

# Mr Gingerbread and other Costa Coffee winter treats are back

Holding a warm mug and slowly sipping hot coffee is how many of us imagine winter comfort. This will certainly not be lacking in any of the Costa Coffee cafés. It has become a tradition that gingerbread lattes must not be missing from the menu, and this year will be no different. There will also be a new coffee product. This is the rum coconut-flavoured Costa classic.

Customers who love cherry-flavoured chocolate or the legendary Toblerone chocolate will also find something to enjoy. Do you hear...? Is that Mr Gingerbread calling?







Budova B building

# Have you finished baking? They have at Zrnko!

From today, you can order an excellent braided Christmas bread baked according to Maškrtnica's honest recipe, or half a kilo of Christmas biscuits made with just butter, nuts, barn-laid eggs, sugar, jam and chocolate, i.e. without preservatives or compromises, either at the bakery café or by emailing objednavky@zrnozrnko.cz!



Budova G building

# To create the first circular catering service, that is Catermat's goal!

Catermat previously offered a composting solution for offices in 2019... and then Covid arrived and showed us all how fragile and unsustainable the system we live in really is. That is also why it was a challenge for Catermat. Yet they continued to do what made sense to them. Namely, investing their efforts into composting. They have recycled thousands of kilograms of waste and planted dozens of trees and shrubs to test their compost in nature. In October, they installed a vertical hydroponic farm at the Catermat studio in Building G. And their activities have come full circle!

**So now they can offer you your first circular party!** And that means your Mojito, for example, will be made from the mint that was grown by Catermat without having to transport herbs halfway across Europe.

**What about you?** Join Catermat in writing the story of sustainable catering. They will prepare your Christmas party not only in your space but now also in Building G, which is ideal for team events for up to 50 people.







Brumlovka building

# Christmas tea collection from Maranatha

Christmas Advent teas can make the moments spent with your loved ones more pleasant and create the right festive atmosphere, but also be practical a gift for colleagues and loved ones. They are available for purchase at the Maranatha health food store in the building Brumlovka.

The store has also expanded its range of baked goods to include Beroun products family artisan bakeries Šťastná koza. So get ready to taste these new ones goodies.



Beta building

### **New Year's Eve dinner at Dian**

Enjoy the last day of 2022 in style with a gastronomic experience with your loved ones at Dian Vietnamese Restaurant. A six-course menu will be served to you in the middle of the table. Eating with your family and friends is a ritual – it simply tastes better in the company of people you love.

Vietnamese specialties will be complemented by new mixed drinks and thus support a unique taste experience. A DJ will also play for entertainment (and maybe dancing).

Reservation and more information at dianrestaurant.cz

New Year's Eve dinner at Dian, December 31, 6:00 pm







Budova D building

## Turnovská pivnice Brumlovka invites you to an end-of-year gathering

Modern facilities, first-rate cuisine and professional staff are the ideal combination for corporate parties and informal meetings this December.

TURNOV craft beer, which is exclusively on tap at this pub, is renowned for its quality. The winter speciality is a limited edition strong TURNOVSKÁ 13 beer.

**Turnovská pivnice tip:** try our slow-roasted pork ribs, steak tartare with toast or an honest beef burger with our craft beer.



Residence villas

## **Lemon Pharmacy** professional care for your health

Choose online from a wide range of Lemon Pharmacy products for your whole family's health. LEMON Pharmacy has great prices, gifts, and rewards. As well as taking advantage of the special offers, you can also buy Christmas packs of your favourite products in December.

So drop by in person or select products in the **lemon e-shop**.





VÝBĚR Z VÁNOČNÍ AKČNÍ NABÍDKY platí od 14, 11, do 31, 12, 2022

#### DOPLATKY 1 **INZULINY BEZ DOPLATKU** PRODUKT NÁVÍC IAKO DÁREK

\*Dárek k nákupu vybraných produktů: za 0.01 Kč; platí od 14. 11. do 31. 12. 2022 nebo do vyprodání zásob; změny vyhrazeny,

#### STOPKAŠEL Medical sirup Dr. Weiss 200 + 100 ml NAVÍC

 ulevuje při suchém a vlhkém kašli. ulevuje při škrábání v krku zklidňuje podrážděný krk.

snižuje holest v krku Zdravotnický prostředek

V akci také StopKašel ANGIN-EX sprei na bolest v krku a další přípravky z řady STOPKAŠEL.



#### Priessnitz Kolageny + Boswellie. péče o klouby

90 + 30 tablet

 čtvřměsíční péče o vaše klouby¹ obsahuje kolagen typu I+II a nativní kolagen typu II + boswellii

Donlněk stravy (1 tableta/2 46 Kč)

 $\infty$ 345 Kč -50 Kč

PÉČE O KLOUBY

Vitamin C

#### Voltaren Emulgel 10 mg/g gel 150 g (2 ks + dárkové balení NAVÍC)

STOPKASEL

Působí přímo v místě bolesti troiím účinkem:

- uleví od bolesti tlumí zánět zmenšuie otok
- Pozorně si přečtěte příbalovou informaci. Voltaren Emulgel 10 mg/g gel je lék k vnějšímu použití. Obsahuie diclofenacum diethylaminum.

 $\infty$ <del>-679 кč</del>-499 Kč -180 Kč

#### **NUROFEN Rapid 400 mg** 30 měkkých tobolek

· rychlá a učinná úleva od horečky a bolesti, včetně bolesti hlavy, zad, zubů, či při menstruáci



Lék k vnitřnímu užití. Obsahuje Ibuprofen. Pečlivě čtěte příbalovou informaci.

#### Leros Voňavá zima

9 x 5 sáčků dárková kazeta s vánočním motivem

 obsahuje čaje na imunitu. dýchací cesty, detox, ranní zahřátí, Levandulové zklidnění, bylinkové Vánoce

V akci také další druhy čajů LEROS.





#### PRAHA • OSTRAVA • ZLÍN • A DALŠÍ LÉKÁRNY PO CELÉ ČR

Obvyklá cena (označená přeškrtnutím) se může v jednotlivých lékárnách lišit. Uvedené ceny jsou doporučené. Nabídka platí od 14. 11. do 31. 12. 2022 nebo do vyprodání zásob. Prostudujte pečlivě příbalový leták. Účinky a způsob použítí konzultujte s lékárníkem nebo lékářem. Cílem této nabídky není podpora zvýšeného užívání léčiv. Změna vyhrazena, za tiskové chyby neručíme. Platí pro všechny produkty uvedené v akčním letáku.

Profesionální péče o Vaše zdraví a krásu nově také na e-shopu www.lekarnalemon.cz



## KUPTE DÁREK A ODMĚNÍME VÁS

Pořidte
pro své blízké
na Vánoce program
v BODY EXPRESS
a dostanete od nás
dárek navíc!







Filadelfie building

# **BODY EXPRESS:**Christmas gift programmes

At the Philadelphia building, you have the opportunity to get your loved ones a gift package of BODY EXPRESS programmes for Christmas with an extra gift just for you!

#### A programme at BODY EXPRESS will be appreciated by anyone who wishes to:

- eliminate back pain
- · improve their physical fitness
- · sculpt their body into graceful curves
- put an end to cellulite
- · increase their energy expenditure and lose weight

#### So choose something for your loved ones and for yourself:

- START THE CHANGE + 1x EMS gift for you
- FANTASTIC FITNESS + 3x EMS gift for you
- STAYING FIT + 5x EMS gift for you

For more information about summer events and to book a session at www.bodyexpress.cz, see the booking form HERE.



Budova B building

# KITSTORE - the right choice for a LEGO® Christmas

If you haven't picked something from the world of colourful LEGO® bricks yet, KITSTORE has just the thing for you! The KITSTORE team is looking forward to your visit at the shop in Building B and also on **kitstore.cz**.

You can also meet us on 5 December at the Angel Gift-giving event on Brumlovka Square, where KITSTORE will also have a stand. There will be Lego building tables waiting for you and a little surprise for the most skillful builders.







Alpha building

## Papýrek: Creative gifts for children, original gifts for colleagues

Christmas is approaching and the search for Christmas presents is in full swing. You will find creative, educational and school supplies for your children, as well as original gifts for your colleagues and business partners at the Papýrek shop. If you like to create gifts at CEWE.cz, you can also pick them up here. Christmas cards, bags, boxes, rosettes, bows and more are all in stock, so come by and we'll be happy to help you choose!



Filadelfie building

## **Christmas with Meera**

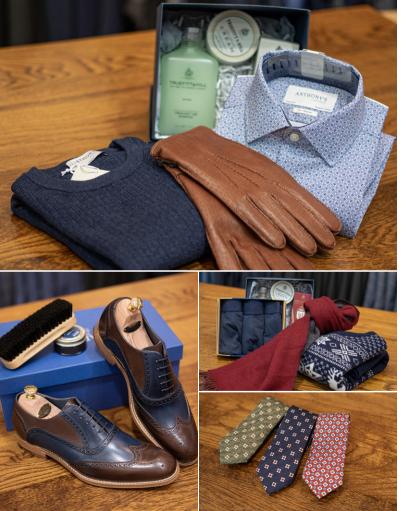
If you want to get yourself or your loved ones a gift to put under the Christmas tree in the form of very comfortable and flattering women's clothing made from soft organic cotton, visit the Meera Design boutique on the ground floor of the Filadelfie building.

If you are not sure about the type or size of the gift for your loved ones, you can also get them a voucher worth 1, 2 or 3 thousand for Christmas and let them make their own choice

If you are interested in the principles of slow fashion - sustainable fashion, come and talk about everything that interests you with Klára Meera and Klára Vostárková on Wednesday for tea at five at the Meera Design shop.







Budova B building

### Anthony's: Tips for Christmas gift for the well-dressed man

Anthony's is not just a boutique with perfectly fitting men's suits and shirts, it is also a place where you can find a comprehensive leisure collection and many indispensable accessories.

Visit Anthony's for inspiration for original Christmas gifts that are guaranteed to please. Silk ties, cufflinks, wool sweaters and much more await you, in stock right now.



Filadelfie building

## **Embellish your Christmas with JK!**

If you would like to gift your loved ones a piece of jewellery or a watch, you will certainly appreciate the launch of the traditional JK Christmas special offer, during which registered clients receive an extraordinary 15% discount.

Although the prices of gemstones are rising and the expense of other aspects of production is increasing, JK has managed to keep the prices for most of its jewellery at the previous levels. This makes shopping even more advantageous.

The special offer ends on January 15, 2023.

mimořádné vánoční zvýhodnění

### **VYŠPERKUJTE** SI VÁNOCE

stačí se zaregistrovat na www.jk.cz/vanocni-zvyhodneni







dm DÁRKOVÁ KARTA

## <sup>99</sup>Pohodlné pro mě, mnoho možností pro obdarovaného<sup>66</sup>

Stačí na pokladně nabít libovolnou hodnotou a jednoduše darovat.



Filadelfie building

# dm: A gift that won't disappoint

Not sure how to choose a suitable gift? You can't go wrong with a dm gift card. Available from all dm stores, in the My dm app or at dm.cz/darkovakarta.



Brumlovka building

# Lens Optik: Gift voucher for glasses or contact lenses

Would you like to treat someone to a new pair of glasses and are not sure how to go about it? Give a gift voucher to Lens Optik. The professional staff here will be happy to help customers make the right choice. You also get a **FREEvision test with every voucher purchased**.

Employee benefits can also be used to purchase gift cards.

- Monday Friday 10:00 am 6:00 pm
- tel.: +420 605 858 859













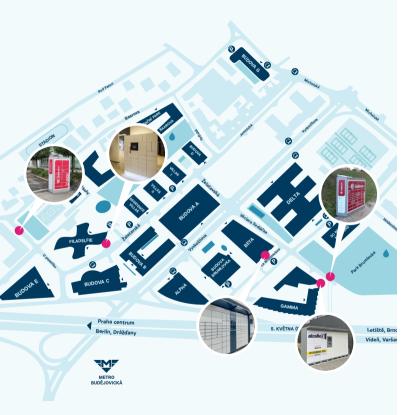
Beta building

## **ASKO** drying cabinet

The ASKO DC7784V.W vented drying cabinet from the luxury Scandinavian brand gently dries as much laundry as would fit on a 16m line. It knows just what to do with even the most delicate fabrics, such as silk, velvet, and satin. And because it air-dries at low temperatures, it reliably dries even soaked shoes or thin gloves without damaging the material.

It's a great way to look after the whole family's clothes, after strenuous sports activities in winter or in summer for example, while keeping the house clean and tidy. On display in the ASKO designer showroom in the Beta building. It works best when combined with the washer and dryer and other hidden ASKO accessories to create a complete laundry care concept.





## Storage boxes at Brumlovka

An increased frequency of deliveries and waiting couriers can be expected in connection with Christmas gifts. Strategically placed storage bins that are accessible 24/7 can save you and them time.

**Z-BOXES** used by Zásilkovna can be found in two places, on Václava Sedláčka St. by the Gamma (O2) building and on U pomníku St. by the ČEZ building, wher you can also find the **ALZA BOX** there.

There are also two shared delivery boxes at Brumlovka used by any supplier (Česká pošta, PPL and others). An **OX POINT** is located at the Za Brumlovkou car park, by the entrance to the Beta building garage. **BLOCKS** can be found in the Filadelfie building in the entrance to the offices from Želetavská Street. All you have to do to collect is register your telephone number. **You can find instructions HERE**.

We remind you that the main reception desks at the various buildings cannot accept personal parcels. Issue points are therefore an ideal way to collect a parcel in order and on time.