

veces

Cesta kolem světa – nejkrásnější místa naší planety

pořízovat fotografický a audiovizuální zá:

Beta Building

Travelers' Evening "Journey Around the World"

WHEN: Wednesday, April 10, 2019, 5:30 to 7:30 p.m. WHERE: KOBE Restaurant

Karel Wolf, famous traveler, photographer and organizer of the Kolem Světa (Around the World) Festival, presents a slideshow of the most beautiful places he has visited over the past 15 years on all continents:

Africa, Asia, North and South America, Australia, New Zealand, the Indian and Atlantic Oceans, volcanoes, salt plains, tree houses, the Amazon jungle, and other interesting places that are worth visiting. The show will end in the most dramatic way - by sailing a historical sailing ship through the Drake Passage to Antarctica.

BBCENTRUM

Please use the 'Instant translation' function in your Translate App to read this poster in other suitable language. English version of all BB Centrum activities are to be found also at

PASSERINVES'

Brumlovka Square

Easter Celebrations at BB Centrum

WHEN: Wednesday, April 17, 2019, 11:00 a.m. to 6:00 p.m. WHERE: Brumlovka Square

You are cordially invited to the **BB Centrum Easter Celebration**. Enjoy great food, traditional delicacies, and Easter-themed items. The program includes demonstrations of traditional Easter customs and creative workshops for children.

- 11:00 a.m. Event starts on the square
- 11:30 a.m. to 1:00 p.m. Musical performances Jakub Xavier Baro
- 3:00 p.m. to 6:00 p.m. Demonstrations of Easter customs (braiding whips, painting Easter eggs, and more)
- 3:00 p.m. to 6:00 p.m. Creative workshops for children (making Easter bunnies, lambs)
- 4:00 p.m. to 5:00 p.m. Musical performance Michal Strnad & Band



Velikonoční ua Náměstí Brumlovka Please use the I in other suitable language

Festival jarnich chutí ua Naulesti Bruulovka

Brumlovka Square

BB Centrum Welcomes the Spring Flavors Festival

WHEN: Thursday, April 25, 2019, 11:00 a.m. to 6:00 p.m. WHERE: Brumlovka Square

Winter is fading, the days are getting longer, the sun is peeking out more and more - Spring is around the corner! Come celebrate its arrival with us. You're invited to our traditional **Spring Flavors Festival on Brumlovka Square**. Enjoy fresh homemade fruit drinks, delicious jams, dairy products, and sweet treats like macaroons, pavlovas, frgáls, trdelník, and more. For lunch, you can enjoy a good burger or Dutch fries.

IN ADDITION, nutrition specialists from Zdravé Stravování (Healthy Eating) will be on hand to measure you on the InBody analyzer. You'll find out how much muscle and fat mass your body has, as well as your metabolic rate. You can also discuss your questions about healthy diet and proper nutrition with the experts.



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Head to Work By Motorcycle, Bicycle or Scooter

With the arrival of spring, we would like to remind you of the free motorcycle parking zones in the southern part of the complex. We ask therefore that motorcycles drivers park only in these designated parking places. These zones have been deliberately set up so that motorcycles won't interfere with disabled citizens when moving around the complex or with other areas around buildings such as main gas valves, access to grease traps, access routes for emergency vehicles, etc. We're also working on a a dedicated motorcycle parking area in the northern part of the complex.

Bikes and scooters can be parked in the bike rooms right in your building or at the bike racks scattered throughout the complex. If you use the very popular LIME scooters or FREEBIKE bicycles, please don't park right in front of building entrances - please use the racks.

We appreciate your cooperation.





Proměny 100 let očima fotografů

ze Sbírky SČF 1918 – 2018



Alpha Building

Exhibition: "100 Years of Transformation Through the Eyes of Photographers"

WHEN: Through April 22, 2019, daily from 7:00 a.m. to 6:00 p.m. WHERE: Alpha Building

The traveling exhibition of historical photographs was organized in cooperation with the National Information and Consulting Center for Culture (NIPOS) for last year's 100th anniversary of the founding of Czechoslovakia. Ten photographic panels present individual pieces of a century of history centered around a crucial milestones: the creation of an independent republic, the Munich events, the end of the Second World War, the February coup, the Prague Spring and the invasion of Warsaw Pact troops, protests over the death of Jan Palach, the emergence of Charter 77 and the funeral of philosopher Jan Patocka, the Velvet Revolution, and new life in a democracy. It shows not only dramatic moments and people related to the given period, but it also attempts to capture the atmosphere of the time, changes in environment and lifestyle, the poetry of everyday life.

Free admission.



Residence BB Centrum

UROSANTÉ: Cooperation with GYN MEDICO

Urosanté has recently established cooperation with GYN MEDICO - a private gynecological clinic that offers its clients above-standard care in gynecology and obstetrics. Discreet environment, a sensitive approach, and extended opening hours.

To make an appointment, please contact the **GYN MEDICO** reception by email at gynmedico@gynmedico.cz.

For more information, see the clinic's website at www.gynmedico.cz.







Filadelfie Building

New Spring Sking Treatment at Radka Chválová Beauty Studio

For the spring season, Radka Chválová Beauty Studio has developed a new treatment full of vitamins that are essential for your skin during the spring and summer. The treatment itself is enriched with extracts of fragrant yuzu and pink grapefruit. The whole treatment takes 75 minutes and afterwards your skin is beautifully radiant, healthy and fresh. At the end of the procedure, your beautician will do your makeup with seasonal cosmetics inspired by boho style.

Also available are products for use at home - peeling and mask in one, pearlescent shower gel, and makeup-removing mousse.

Radka Chvalova Beauty Studio Brumlovka Building

Regular Running Classes at Balance Club Brumlovka

Every Wednesday you can join Tonda Mocik and Denisa Barešová for a regular evening run **from 6:00 p.m.**. The classes are intended for members of Balance Club Brumlovka.

Employees of BB Centrum are entitled to reduced rates on Balance Club Brumlovka memberships. For more information, contact the Client Center at +420 234 749 810 or info@balanceclub.cz.



balance



Filadelfie Building

New Color Trends Right From the Sea

This year's color of the year is luscious "Living Coral" – the color of beautiful coral reefs. This vibrant, optimistic color with a warm golden undertone can stimulate us and cheer us up.

Come try new cosmetics featuring this lovely color.



Beta Building

GTH Catering Invites You for an Easter Lunch

WHEN: Wednesday, April 18

GTH Catering Invites You for an Easter Lunch. Enjoy traditional specialties as part of the spring festivities.

Soups:

Chicken soup with ham omelette strips Easter kaldoun

All-day menu:

Wallachian Easter roast with steamed rice Rosemary chicken with shallots, boiled potatoes Smoked ham with French Easter salad

Quick Meals:

Easter chicken roulade with spinach, mashed potatoes with chives Veal medallions, Easter stuffing with smoked meat and nettles, fresh vegetable salad







Filadelfie Building

Flowery News at JK Jitka Kudláčková

The new collection of wedding rings was freely inspired by marigolds, which say: "My heart knows no falsehood or unfaithfulness and beats only for you."

Come to JK and see our real jewelry for your deepest relationships.



Budova Beta

Spring Wake Up with New Drinks at UGO

Watercress, baby spinach and mungo sprouts - with the return of the sun, these have all awakened from their winter hibernation. They're rich sources of vitamin and minerals, so we've added them to our seasonal drinks. We've created three delicious combinations:

- Baby spinach, kiwi, pineapple and apple
- Watercress, strawberries, orange and apple
- Mungo sprouts, mango, mint, banana and apple

When hunger strikes, we've got a new spring wrap with feta cheese, sundried tomatoes, watercress and basil vinaigrette and lemon-quark dessert with sour cream and pineapple.



